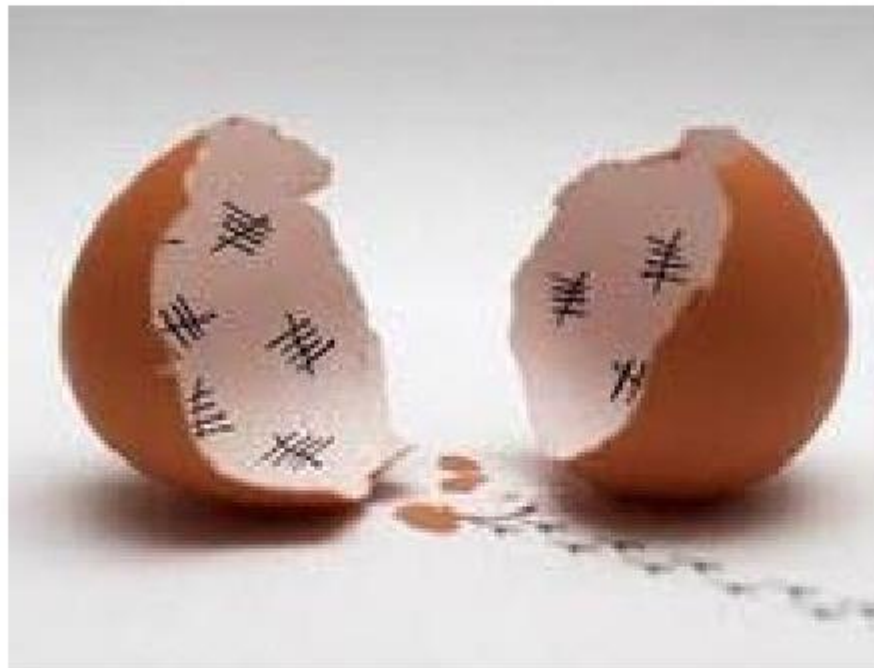


# • Patience



# Patience

- Patience is:
  - Being able to wait until it's time.
  - Staying calm and not becoming annoyed.

What Would You Do?



# Patience

- Waiting
  - Do you find it hard to wait for things?
  - What do you find it hard to wait for?
  - How do you feel?
  - How do YOU react?
  - How does it affect other people?

# Patience

- Staying Calm
  - Do you get impatient with other people?
  - Who do you get impatient with?
  - What do they do?
  - How do you feel?
  - How do YOU react?

# Patience

- When you need more patience.
  - Stop
  - Take a deep breath
  - Talk to someone you trust
  - Get more information
  - Think harder

A landscape photograph of a mountain range with a field of yellow wildflowers in the foreground. The mountains are rugged and rocky, with some snow patches. The sky is blue with some clouds. The foreground is a field of yellow wildflowers.

**Have patience. All things are  
difficult before they become  
easy.**

Saadi







**Be patient and understanding.  
Life is too short to be vengeful or  
malicious.**

Phillips Brooks

A sunset over a beach with a large rock formation in the background. The sky is filled with vibrant orange and red clouds, and the sun is low on the horizon, casting a warm glow over the scene. The beach is wet, reflecting the colors of the sky. A small bird is visible on the sand in the foreground.

**Patience is not simply the ability  
to wait - it's how we behave while  
we're waiting.**

Joyce Meyer

# A prayer for all of us

Here in our school

Let us be patient and loving at all times.

Let our rooms be full of happiness  
and respect for each other.

Let love be in our hearts

With kindness and compassion for all.

Let us remember

In learning together,

We grow together

And succeed together.